

### **47 (3-9)**

The SCHEER begins this section by stating, incorrectly, that there is a large scientific body of studies suggesting that electronic cigarettes' use can pose various risks to the user. This directly contradicts what was said in the same paragraph on page 46: "The health impacts of electronic cigarette's use are still difficult to be established due to the lack of long-term data from epidemiological studies or clinical trials".

### **Mouth and throat irritation 47 (12-25)**

Minor throat irritation and coughs are common short term, minor side effects that are experienced when switching from smoking to vaping. Hajek et al (2019) reported in their randomised control trial, e-cigarettes vrs NRT, that "65.3% of e-cig users 51.2% of NRT users experienced this minor irritation. However, the e-cig group reported greater declines in the incidence of cough and phlegm production from baseline to 52 weeks than did the nicotine-replacement group."

Miler JA, Mayer BM, Hajek P (2016) also concluded that the switch from smoking to vaping was associated with a reduced incidence of self-reported respiratory infections.

### **References**

1. Astrid Miler, J. and Mayer, B. (2016) 'Changes in the Frequency of Airway Infections in Smokers Who Switched To Vaping: Results of an Online Survey', *Journal of Addiction Research & Therapy*, 7(4). doi: 10.4172/2155-6105.1000290
2. Hajek, P. et al. (2019) 'A randomized trial of E-cigarettes versus nicotine-replacement therapy', *New England Journal of Medicine*, 380(7), pp. 629–637. doi: 10.1056/NEJMoa1808779.